RPM STRIVING TOWARDS PERFECTION

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संस्थापक डॉ. (श्रीमती) पुस.डी. मिलक जी को आदरांजिल

सशक्त व्यक्तित्व

जन्म जन्म मुनि जतनु कशहीं। अंत शम कहि आवत नाहीं॥

इस एक ही पंक्ति से श्रीमती सुमन देवी मिलक के जीवन का सम्पूर्ण सार हमारे सामने आ जाता है। वह खुद भी सदा राम मयी रहीं तथा औरों को भी प्रेरित करती रहीं। श्रीमती सुमन देवी मिलक जी हर क्षण राम नाम का सिमरण करती रहीं। इसिलए यह राम नाम उनकी साँसों की माला के साथ चलता रहता है।

"श्रीमती सुमन देवी मिलक", सदैव से ही अपनी खूबियों से सभी को लुभाती रही हैं। उनका व्यक्तित्व एक सशक्त महिला का है। वह भारतीय संस्कृति व प्राचीन धार्मिक मूल्यों के प्रति जागरूक रह कर इस भावी पीढ़ी को भी भारतीयता के गौरव से भर देना चाहती हैं। उनका कहना हैं कि संस्कृति, धर्म और आधुनिकता तीनों ही हमारे जीवन के महत्वपूर्ण पहलू हैं। हमें अपनी जड़ों से जुड़े रहकर, विज्ञान तथा तकनीक को अपनाते हुए अपने लक्ष्यों को प्राप्त करना चाहिए। स्त्री होने के बावजूद भी एक अधिनायक की तरह कार्य करते हुए













WHAT DO YOU NEED TO DO TO HAVE A HEALTHY LIFE?

SLEEP AND REST



Go to bed early and sleep 8 or more hours. Stick to a consistent sleep schedule. Good sleep improves your brain performance, mood and health.



EXERCISE AND MOVEMENT

Stay active. Move your body and do exercise. Physical activity improves your sleep quality, your mood and your ability to do everyday activities.

FOOD AND NUTRITION



Eat a variety of healthy food to get the nutrients you need. Choose healthy snacks. Eat slowly and mindfully. Drink plenty of water every day.

RELATIONSHIPS AND EMOTIONS

Spend time with the people you love. Positive relationships boost your happiness and reduce stress. They can even strengthen your inmune system.



LEARNING, PLAYING AND CREATIVITY

Have fun and do creative things in your free time. Read and learn new things every day. Learning and playing help you develop a healthy brain.

POWER OF SPEECH



Good speaking skills help us express our ideas clearly and confidently. When we speak well, we make a positive impression on others.

To speak well, there are five important things to focus on:

- 1. **Grammar:** Using correct grammar helps us communicate clearly.
- 2. **Vocabulary:** Knowing a wide range of words helps us express ourselves better.
- 3. **Pronunciation:** Pronouncing words correctly helps others understand us.
- 4. **Fluency:** Speaking smoothly and clearly helps us communicate effectively.
- 5. **Comprehension:** Understanding what others are saying helps us respond appropriately.

 Kiyansh P., IV

WHAT IS EXAM STRESS?

Being in a constant state of panic and worry before an examination is referred to as exam stress. For most children, the stress associated with exams eventually fades away.

Must Remember This One Thing! Big dreams need big efforts, and there is no shortcut to study. At Times, studying can be hard. When having tough times with your studies or when exams get too hard on you, it is usual to get frustrated and forget the very purpose and goal for what you are studying.

Avoid isolation—Most often, parents leave their kids alone in a room while studying. It is a good idea to make them feel at peace and concentrated. However, don't make them sit alone for a longer duration. This detachment can increase the probability of them spiraling down.

Avoid comparisons—Every teen is different by nature, and so are their interests. Don't compare them with others. It might make them feel worse and will keep them demotivated. Rather appreciate their unique attributes and skills.

Maintain a schedule- Carefully plan your study hours when you feel most active. Some of us are early birds while others are night owls. So, it's a good idea to experiment with different schedules and finally stick to a plan that works best for you.

Get tea or coffee help- Next time when you are on the study tour and feeling sleepy or low, get yourself a cup of tea or coffee. While it will not make you intelligent, it will help you be active, and study better.

Use diagrams and flow charts to revise— Visual aids can be helpful when revising. At the start of a topic, challenge yourself to write down everything you already know about a topic—and then highlight where the gaps lie. Closer to the exam, condense your revision notes into one-page diagrams.

UNLOCK THE RIDDLE BOX

- 1. I am used to express, to communicate and impress. Without me, words are unclear, and messages are hard to hear
- 2. I help you convey your thoughts, and express your feelings brought.

I can be formal or informal too, depending on the situation, I'll see you through.

3. I'm the key to effective communication, helping you convey your message. I involve listening, speaking, and understanding too, I'm essential for building strong relationships, that's true.

Drishay Sh., IV

1. VOICE 2. LANGUAGE 3. COMMUNICATION SKILLS

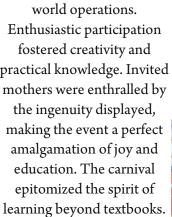
A Festive Gateway to Real-World Exploration





Enthusiastic participation fostered creativity and the ingenuity displayed, making the event a perfect amalgamation of joy and education. The carnival epitomized the spirit of





































"Unlock the Power of Words, one step at a Time!"

A strong vocabulary is the key to effective communication and academic success. Here are some simple tips to enhance your word power:

- **1. Read Regularly**: Books, newspapers, and magazines introduce you to new words.
- **2. Keep a Word Journal:** Write down unfamiliar words, their meanings, and use them in sentences.
- **3. Play Word Games:** Enjoy games like Scrabble, crosswords, or word search puzzles.
- **4. Learn Synonyms and Antonyms:** This expands your understanding of a word's meaning.
- **5. Use Flashcards:** Test yourself on new words daily.

6. Practice Speaking and Writing: Incorporate new words into conversations and essays.



Kushagra VI

REMEMBER, CONSISTENCY IS THE SECRET TO SUCCESS. START SMALL, AND WATCH YOUR VOCABULARY GROW!

Every word is a bridge to a new understanding!"

In a world of words, a journey begins, Where every new phrase is a chance to win. From letters to sentences, we start to explore, Each word is a key, unlocking a door.

With practice and patience, we learn to express, Our thoughts and our dreams, we'll share with finesse.

> Reading and writing, speaking with cheer, The more that we learn, the clearer we hear.

So dive into stories, let your voice be free, In the rhythm of language, you'll find harmony. Mistakes are just steps on the road that we take, With each little stumble, new paths we will make.

Embrace every challenge, let courage ignite, For mastering a language is a wondrous delight

Uttkarsh G, VI

"Overcome your Fears, let your Voice lead the Way!"

Public speaking is an essential skill, but many students face challenges while addressing an audience. Common difficulties include stage fright, lack of confidence, forgetting key points, and difficulty maintaining the audience's interest. To overcome



these challenges, practice is the key. Start by speaking in front of a mirror or a small group of friends to build confidence. Organize your thoughts by creating an outline or using cue cards. Deep breathing exercises can help reduce anxiety before stepping on stage. Additionally, work on voice modulation and body language to engage your audience effectively.Remember, it's okay to make mistakes—they're a part of learning. With consistent effort, you can turn public speaking from a daunting task into a powerful tool for expression. Start small, dream big, and let your voice shine!

Samarveer N. VII

Harness the Potential of Words Through Innovation

In today's digital age, learning vocabulary has become more accessible and engaging through various apps. Here are some popular vocabulary-building apps that are perfect for us to learn new terms:

QUIZLET: This app allows students to create flashcards for new words, making it easy to memorize definitions and synonyms. It also offers games and quizzes to reinforce learning, making vocabulary practice interactive and fun.

VOCABULARY.COM: This app helps users learn new words through engaging activities. It offers personalized quizzes based on your current vocabulary level, allowing you to progress at your own pace.

MEMRISE: Memrise uses fun, spaced repetition techniques to help students remember new words. The app includes videos of native speakers to improve pronunciation and context understanding.

DUOLINGO: While primarily a language-learning app, Duolingo includes vocabulary practice as part of its lessons. It features interactive exercises that make learning new words enjoyable and rewarding.

WORDUP: This app focuses on practical vocabulary usage. It provides context for words through real-life examples, helping students understand how to use new vocabulary in conversations.

MERRIAM-WEBSTER DICTIONARY: This classic dictionary app is a fantastic resource for expanding vocabulary. It offers word definitions, synonyms, antonyms, and daily word challenges tokeep students engaged.

Using these apps can make learning vocabulary exciting and effective. By integrating technology into our study routine, we can enhance our vocabulary skills and become a more confident communicator!

Yusuf VII

"Articulating Excellence: Linguistic Growth Through MUN"

Through the transformative experience of MUN, I have not only mastered a language but also unlocked the art of effective communication."Being a part of the LHS family, it was one of the most proud moment to Participate in a Model United Nations (MUN) which is an exciting opportunity that significantly enhanced my linguistic skills. As a class 6 student, I have experienced firsthand how MUN helps develop various aspects of language proficiency. One of the most noticeable changes is the expanded vocabulary; I've learned new words and phrases related to global issues and diplomacy, which has improved my overall communication skills. Additionally, presenting my country's stance in MUN has boosted my public speaking abilities, allowing me to speak clearly and persuasively and making me more comfortable in class discussions. Writing resolutions has sharpened my writing skills, enabling me to express my thoughts logically and coherently. Engaging in debates has also improved my critical thinking and listening skills, as I've learned to analyze different viewpoints and respond thoughtfully. Furthermore, MUN has significantly boosted my confidence in communication; speaking in front of an audience has made me more self-assured in sharing my ideas. Overall, participating in MUN has profoundly impacted my linguistic skills, and I encourage all students to join MUN sessions to experience these benefits firsthand! Sian VI

Every word you Learn is a step closer to a New World

Mastering a new language is a journey filled with opportunities, but staying motivated can be challenging. Here are some tips to keep you inspired:

1.Set Goals – Break your learning into small, achievable milestones like mastering

five new words daily.

2. Immerse Yourself: -

- 2. Immerse Yourself: Watch movies, listen to songs, or read books in the language you are learning.
- 3. Practice Consistently Speak, write, or think in the language every day, even if it's just for a few minutes.
- 4. Celebrate Success Reward yourself for each accomplishment, no matter how small.
- 5. Connect with Culture: Explore traditions, food, or festivals related to the language for a deeper connection.

Remember, Patience and Persistence are key. Stay curious, keep Practicing, and enjoy the magic of unlocking a new World of Communication!

Ayushmaan VI

Idioms for Everyday Use Grounds

Idioms are an integral part of any language, adding flavor and personality to conversations. They often have meanings beyond their literal interpretation, making them intriguing and fun to use. Here are ten commonly used idioms that can brighten your daily communication:

- **1.A piece of cake** Something very easy. Completing the assignment was a piece of cake.
- **2. Break the ice** To initiate a conversation. The host told a joke to break the ice at the party.
- **3. Spill the beans –** To reveal a secret. He accidentally spilled the beans about the surprise party.
- **4. Under the weather –** Feeling unwell skipped work because I was under the weather.
- **5. Hit the nail on the head -** To be accurate. Her analysis hit the nail on the head.
- **6. Burn the midnight oil –**on the head To be accurate. Her analysis hit the nail on the head. To work late into the night. He burned the midnight oil to prepare for the exam.
- **7. Bite the bullet** To face something unpleasant bravely. She decided to bite the bullet and tell the truth
- .8. When pigs fly Something that will never happen. He'll apologize when pigs fly.
- **9. The ball is in your court** It's your turn to take action. I've done my part; now the ball is in your court.
- **10. Cost an arm and a leg** Extremely expensive .The designer bag cost an arm and a leg.

Using these idioms in your everyday conversations will not only enhance your communication but also reflects cultural understanding and fluency in the language.

Aadhya VII

The Power of Debate: A Path to Language Mastery

Participating in debate competitions is more than just a fun activity; it significantly enhances language skills. Through lively discussions and arguments, students develop essential communication abilities that extend beyond the classroom **Building Vocabulary** debating encourages the use of a rich vocabulary, helping participants articulate their thoughts effectively and enhancing overall language proficiency.

Enhancing Speaking Skills debate competitions provide a platform for practicing public speaking. Students learn to express their ideas clearly and confidently, honing their ability to communicate under pressure.

Fostering Critical Thinking debating challenges students to form coherent arguments and counter arguments, sharpening their reasoning skills and logical thought processes.

Improving Listening Skills active listening is vital in debates. Students must pay attention to opponents' arguments, cultivating comprehension and enabling meaningful dialogue.

Boosting Confidence regular participation builds self-confidence, particularly in public speaking, allowing students to express their ideas more assertively.

Engaging in debate competitions is a powerful way for students to master language skills while developing critical life abilities.

Naman VII

THE MULTILINGUAL MIND: UNLOCKING LANGUAGE LEARNING

Multilingualism is a valuable asset in today's interconnected world. Knowing one language can surprisingly aid in learning another, making the process more efficient and effective. This phenomenon, known as



language transfer, enables multilinguals to recognize similarities in grammar, syntax, and vocabulary between languages.

The benefits of multilingualism extend beyond language learning. Multilingual individuals possess improved cognitive abilities, including better problem-solving, multitasking, and memory retention. Multilingualism also enhances career opportunities, particularly in industries like international business, diplomacy, and tourism.

Moreover, multilingualism fosters cultural exchange and understanding. By speaking multiple languages, individuals can connect with people from diverse cultural backgrounds, promoting global citizenship and empathy.

In conclusion, embracing multilingualism can unlock new opportunities, enhance cognitive abilities, and foster cultural exchange. Whether for personal or professional reasons, learning multiple languages can enrich one's life and broaden their perspectives.

So, why not start learning a new language today and discover the benefits of a multilingual mind?

Tanishka Jain, VI C

Breaking The Monotony:

Using Music And Songs For Language Learning

Music is the universal language that breaks the monotony of learning, transforming lessons into melodies and words into meaningful rhythms.

Mastering a new language can occasionally become monotonous, but integrating music and songs can make the process both engaging and productive. The rhythm and melody in music help solidify language patterns, making them easier to recall. Additionally, songs introduce learners to real-world vocabulary, cultural nuances, and proper pronunciation, improving both listening and speaking abilities. Studies indicate that music stimulates both the creative and analytical regions of the brain, enhancing memory retention. Singing along to lyrics builds confidence, minimizes the fear of errors, and improves both pronunciation and intonation. Furthermore, music fosters an emotional bond with the language, sustaining learners' motivation. Whether in a classroom or during self-study, techniques like listening to popular songs, exploring lyrics, or participating in karaoke can make traditional learning methods more engaging. In conclusion: By blending education with enjoyment, music transforms language learning into a unique and unforgettable experience.

Laksh Srivastav, VII A

APPS AND BEYOND: EXPLORING THE POWER OF LANGUAGE LEARNING PLATFORMS

Language learning platforms are online tools, apps, or websites that help individuals learn a new language. These platforms offer various features, resources, and methods to facilitate language acquisition.

Apps such as Duolingo, Udemy, edx and much more offer more comprehensive and structured learning experiences. The platforms also have a unique blend of accessibility, gamification, and personalization which makes them an excellent choice for beginners and casual learners.



Some of the apps are mentioned below:-

- Duolingo: Gamifies language learning with interactive exercises and quizzes.
- Babbel: Comprehensive lessons with interactive dialogues and speech recognition technology.
- Rosetta Stone: Immersive, interactive lessons with speech recognition and built-in community features.
- Italki: Connects learners with native speaker tutors for one-on-one lessons.
- Tandem: Language exchange platform with native speakers and tutors.

Nimitt Mehra, VI B

SPEAK



Speaking is a productive or expressive skill in oral mode and a crucial part of learning. Speaking skills are important for communication in many situations, including casual conversations, business meetings, and formal presentations. Speaking

skill helps one to communicate one's idea clearly | to others. Good speaking skills make us confident and presentable. Besides, these skills also leave a positive impression on the listeners. There are five components of speaking that must be paid attention to, in order to speak well. They are grammar, vocabulary, pronunciation, fluency and comprehension.

In this modern world, communication skills play a vital role and one must have mastery over these skills to get success in their respective fields. So, speaking is the most important skill among all the language skills in order to communicate well in this global world.

ENHANCING LANGUAGE & SPEAKING SKILLS THROUGH CARTOONS

Storytelling is a powerful tool to captivate young minds and foster creativity, especially when combined with the vibrant world of cartoons. With their colorful visuals, lively characters, and playful plots, cartoons make learning enjoyable and interactive. Children can develop language



and speaking skills in an engaging and effective way. For instance, by showing visuals of the classic story of "The Lion and the Rat", we can make the narrative more engaging and interactive for children. It helps them connect with the characters, understand the storyline better, and develop a deeper interest in the learning process. Using images transforms the learning process into an enjoyable experience. This visual approach fosters creativity and makes storytelling a dynamic tool for language development, ensuring an impactful learning journey. They open doors for holistic development in llanguage and communication, ensuring a lively and **Kiyansh P. IV** | enriching classroom environment. Reyansh Sh., II

सावधान! कहीं आपका बच्चा न हो जाए रैगिंग' का शिव

 नई दिल्ली : आपके बच्चों को रील्स या 'सोशल मीडिया' का चस्का मेंटली और इमोशनली बडे नुकसान का शिकार बना सकता है। ऐसा इसलिए कि (NCRB) नैशनल क्राइम रिकॉर्ड ब्यूरो की हालिया रिपोर्ट में पाया गया कि साइवर अपराध के शिकार होने वाले बच्चों के आंकड़ों में 32 फीसदी इजाफा हुआ है। कुछ समय

एक जानी-मानी NBT कंप्यूटर सिक्योरिटी कंपनी ने रिपोर्ट जारी कर कहा कि ८५% भारतीय बच्चे साइबर बुलीइंग का शिकार हो रहे हैं।

आप भी सतर्क रहें। कही ऐसा न हो कि आपकी अनदेखी से आपका बच्चा 'साइवर बुलीइंग' या 'ऑनलाइन

साझ्बर पुलिस अफसर का कहना है

कि कुछ पैरट्स बिजी शेङ्यूल की वजह

से बच्चों को समय नहीं दे पाते। यही वजह

है कि बच्चों को बेरोक टोक इटरनेट

एक्सेस का मौका मिलता है। बच्चों को

रैंगिंग' के जाल में फंस जाए। साइवर पुलिस ऑफिसर का कहना है कि बच्चे सोशल मीडिया पर अकाउंट तो बना लेते हैं, लेकिन सिक्योरिटी के लिहाज से सही मैनेज नहीं कर पाते। जिसका फायदा स्कैमर्स उठाने लगे हैं। सबसे ज्यादा बुलीइंग, फेक् प्रोफाइल से दोस्ती कर सेक्सुअली हैरेसमेंट. चीटिंग और अन्य ऑनलाइन खतरे शामिल हैं। जो बच्चों को मेंटली और इमोशनली टॉर्चर करते हैं।

एक्सेस पर

लगाएं ब्रेक



क्या है साइबर बुलीइंग: साइबर बुलीइंग एक तरह का टॉर्चर है, जो इंटरनेट या अन्य डिजिटल प्लैटफॉर्म के जरिए किया जाता है। इसमें कोई अनजान या ग्रुप किसी को मेसेज, चैट या ईमेल के जरिए मानसिक, भावनात्मक रूप से चोट पहुंचाता है।

यह अपमानजनक टिप्पणियां, धमिकयां, अफवाहें फैलाना या नीचा दिखाकर मानसिक तनाव में डालना होता है। इसके कारण डिप्रेशन, एंग्जाइटी और स्यसाइड जैसे विचार भी आ सकते हैं।

'चैटरूम' से बुना जाता है बुलीइंग का जाल: एक रिपोर्ट के मुताबिक, 91% बच्चे और टीनेजर्स फेसबुक पर साइबर बुलिंग का शिकार होते हैं। 24.5% बच्चे X पर साइवर बुलीइंग का शिकार होते हैं। 72% लड़कियों को अनवॉन्टेड सेक्सुअल कंटेंट मिला है। बुलीईंग के शिकार नावालिगों ने बताया कि इससे उनकी सेंडत और स्कल वर्क पर नकारात्मक प्रभाव पड़ा है।

बताएं कि उनकी एक जरा सी गलती जेल पहचा सकती है। उनसे पूछे कि क्या वे अपने मा-बाप को जेल में देखना चाहते है। क्योंकि इंटरनेट कनेक्शन पैरट्स के नाम से होता है।

साइबर बुलीइंग से कैसे बचे

किसी अनुजान को पासवर्ड या ईमेल संबंधी पर्सनल डिटेल साझा न करें।

स्टूडेंट्स सोशल साइट पर अपनी निजी तस्वीर डालने

बदले की भावना से दूसरों की

आपत्तिजनक फोटो और सूचना पोस्ट न करें।

बच्चे से कोई चूक हुई है तो परिवार और टीचर को अवश्य बताएं। पैरंट्स अपने बच्चों

से समय-समय पर ऑनलाइन दोस्तों के बारे में जानकारी लें। क्यों के द्वारा देखी जाने वाली साइटस पर भी

नजर रखें। वर्चुअल दुनिया में अनजान दोस्ती से बचें कभी भी अपनी लोकेशन

शेयर ना करें। फोटो या विडियो अपलोड करने से पहले उसकी प्रॉपर्टीज डिलीट

पैरंट्स क्या करें

स्क्रीन टाइम को सीमित रखें

 अपने बच्चे की ऑनलाइन एक्टिविटी पर नजर रखें अपनी निगरानी में ही बच्चे को फोन दें



 अपने बच्चे को इंटरनेट के खतरों के बारे में टेंड करें

बच्चे के सोशल मीडिया अकाउंट पर

बच्चे को उनकी पर्सनल डिटेल सुरक्षित रखना सिखाएं अगर आपका बच्चा साइबर क्राइम का शिकार है तो

TALK YOUR WAY TO THE TOP

Speaking skills are the key to unlocking your full potential! Not only do they help you express yourself confidently, but they also open doors to new opportunities, relationships, and experiences.

- S Success comes from speaking up.
- **P** Practice makes perfect, so speak often.
- **E** Express yourself confidently and clearly.
- **A**-Articulate your thoughts and ideas.
- K-Keep speaking, and you'll be unstoppable.
- I Inspire others with your words.
- N Negotiate, persuade, and influence with ease.

G-Grow your confidence and credibility. Speak Up!

Don't be shy – speak up and let your voice be heard! With practice and patience, you can develop the speaking skills you need to succeed in all areas of your life.

Saubhagya S. IV



How to Learn a Language

Learning a new language can be fun and easy! Here are some simple ways to do it:

- 1. Listen and Repeat: Listen to words and sentences. Try to
 repeat them aloud. This helps you to say the words correctly.
- 2. Learn with Songs: Sing songs in the new language. Songs make learning words fun and easy to remember.
 - 3. Talk Every Day: Speak a little of the new language every day.

 Use simple words like "hello" and "thank you."

Saanvi Goel, 3A

"Enhancing language skills with fun activities!"

Students recently participated in a series of activities to enhance their language skills. They wrote informative articles, created colorful posters on language topics, and enjoyed solving and making crossword puzzles. These activities helped improve their writing, vocabulary, creativity, and problemsolving skills. The event was a fun and engaging way for students to develop their language abilities.







How to Learn a Language

Language is like a magic key! Here are some secrets about how it works:

- Words Have Power: Words can make people happy, share ideas, or tell stories. Use kind words to make friends!
- 2. Sounds Make Words: Every language has special sounds. When we learn these sounds, we can speak clearly.
- 3. Body Speaks Too: Sometimes, our hands and faces help us talk. This is called body language! Satyam Kumar, 3B



"Letters to Language"





Different strategies to build a language

Build language skills through reading, storytelling and conversations to improve vocabulary and speaking skills. Use games, songs, pictures, and role-play for fun, and interactive learning. Encourage reading with story books and flash cards to enhance creativity and word recognition.







Literature - The Art Of Discovering Extraordinary From The Ordinary. **Impact Of Literature**

Oh, literature, you are a gem, A treasure of wisdom, thought and grace, A world of word that shines like a diamond. And stir our souls with enchanting peace.

To understand the nature of our kind, And through the characters, we play a part, In the universal story of mankind. Oh Literature, we sing your praise.

For all the wonders you have done in nature. So let's cherish English literature with pride, And take this journey with nothing to hide, To discover the magic lies within, And find the beauty that is waiting to win. Oh literature! Myliterature!

Kanika Gera 7th A

Eminence of Indian Literature

Indian literature holds immense importance as it serves as a profound reflection of the country's rich cultural heritage, deep philosophical traditions, and diverse societal customs. Spanning thousands of years, it has evolved in myriad forms, embracing an extensive array of languages, genres, and thematic

concerns. This diversity not only highlights the historical and cultural richness of India but also offers invaluable insights into the lives, values, and beliefs that have shaped Indian society across the centuries. From ancient epics such as the Mahabharata and Ramayana to the lyrical poetry of classical literature, | Renaissance. Indian literature traverses a broad spectrum of ideas reflects his Marxist ideology and love for nature. and experiences. These works delve into universal themes such as morality, spirituality, love, and conflict, which transcend time and space, resonating deeply with audiences both within and outside India.Indian literature has also served an important tool for the preservation of its diverse traditions, languages, and worldviews. Works like the Vedas, the Puranas, and classical texts has not only preserved ancient knowledge but also carried forward the philosophical and spiritual values that continue to continues to evolve, serving as both a mirror to society | discussions. and a guide for future generations. Samarthya P, V-F

Social Connection Between Language & Literature

Language and literature are deeply connected, forming a symbiotic relationship where one fosters and enhances the other. Language serves as the channel through which literature is created. Language also provides words, expressions, ideas, emotions and structure necessary for conveying stories to the literature. Literature, in return enriches language by exploring its artistic potential, introducing new vocabularies and experimenting with styles and forms. This interconnection fosters cultural and social understanding as literature also reflects the values, struggles and aspirations of a society, while language involves the narratives that resonate with people. Together, they act as a powerful tool for human connection, preserve traditions, fostering human empathy and enabling the exchange of diverse perspectives across time and space. They form a powerful medium for uniting individuals, communications across culture and time. Their connection highlights the interplay between communication and creativity, denoting how language and literature together shape the social fabric of the world. Yashika A VII C

oss-Cultural Perspectives in Global Poetry and Literature



Global poetry and literature have long been enriched by the diverse voices and perspectives of writers from various cultural backgrounds. Crosscultural perspectives in poetry and literature offers a unique window into the experiences, traditions, and values of different cultures. By engaging with diverse voices, readers can:

*Challenge assumptions and stereotypes.

* Foster empathy and understanding.

*Gain insight into the complexities of human experience.

Poetry

- 1. Langston Hughes: African-American poet whose work explores the experiences of black Americans, influencing the Harlem
- to modern narratives that critique societal norms, 2. Pablo Neruda: Chilean poet and Nobel laureate whose poetry
 - 3. Rabindranath Tagore: Bengali poet and Nobel laureate who infused Indian culture into his work, promoting cultural exchange.

Literature

- 1. Gabriel Garcia Marquez: Colombian author and Nobel laureate whose magical realism blends Latin American culture with universal
- 2. Toni Morrison: African-American novelist and Nobel laureate who explores the experiences of black Americans, challenging dominant narratives.
- 3. Salman Rushdie: Indian-British author whose works blend shape Indian life. Indian literature, in all its forms, cultural heritage with global perspectives, sparking important

Pooshti C, VII-C

Books: The Treasure Chest of Knowledge.

भाषा और साहित्य में समन्वय क्यों जरूरी

भाषा और साहित्य दोनों ही मानव संस्कृति के महत्वपूर्ण घटक हैं और इनमें सामाजिक समन्वय जरूरी हैं। भाषा साहित्य की अभिव्यक्ति का माध्यम है। साहित्य में उपयोग की जाने वाली भाषा पाठकों को आकर्षित करने और उनके साथ जुड़ने में मदद करती है। साहित्य भाषा को समृद्ध बनाने में महत्वपर्ण भमिका निभाता है। साहित्य में नए राब्दों और वाक्यांशों का प्रयोग करके भाषा को विकसित किया जा सकता है। भाषा और साहित्य दोनों ही सामाजिक संदर्भ में उत्पन्न होते हैं और सामाजिक परिस्थितियों को प्रतिबंधित करते हैं। भाषा और साहित्य संस्कृति के मूल्यों परंपराओं और विश्वासों को व्यक्त करने में मदद करते हैं।भाषा और साहित्य दोनों ही सामाजिक मुद्दों पर ध्यान केंद्रित करने और लोगों को जागरूक करने में सहायक हो सकते हैं। भाषा और साहित्य दोनों ही सामाजिक एकता को बढावा देने में मदद कर सकते हैं। वे लोगों को एक सांझा संस्कृति और इतिहास के बारे में शिक्षित करने में मदद कर सकते हैं। भाषा और साहित्य सामाजिक मुद्दों पर ध्यान केंद्रित करने और लोगों को जागरूक करने में सहायक हो सकते हैं। भाषा और साहित्य विभिन्न संस्कृतियों और समुदायों के बारे में शिक्षित करने में मदद कर सकते हैं। भाषा और साहित्य दोनों ही सामाजिक न्याय के महत्वपूर्ण साधन होते हैं। इस प्रकार भाषा और साहित्य के बीच में सामाजिक संबंध गहरे और जटिल होते हैं। वे सामाजिक एकता समाजिक परिवर्तन सांस्कृतिक विविधता और सामाजिक न्याय को बढ़ावा देने में सहायक होते हैं। केशव राज कक्षा 7

भाषा और साहित्य के बीच सामाजिक संबंध

भाषा और साहित्य समाज के दो मुलभूत तत्व हैं, जो आपस में एक गहरा संबंध रखते हैं। भाषा मानव विचारों, भावनाओं और अनुभवों को व्यक्त करने का एक साधन है, जबकि साहित्य इन अभिव्यक्तियों को कला और सुजनात्मकता के रूप में प्रस्तृत करता है। इस अंतर्सबंध का अर्थ है कि यह समाज की सोच, परंपराओं और विश्वासों को प्रकट करता है ।

साहित्य समाज की समस्याओं और संघर्षों का चित्रण भाषा के माध्यम से करता है। उदाहरण के लिए, प्रेमचंद और महादेवी वर्मा की रचनाओं में समाज के जटिल पहलुओं को संदरता से प्रस्तृत किया गया है। साहित्य, समाज की मानसिकता और भावनाओं का एक दर्पण बनकर जागरूकता फैलाता है और सकारात्मक परिवर्तन की दिशा में प्रेरित करता है ।

भाषा और साहित्य समाज के साथ-साथ विकसित होते हैं।जब समाज

में कोई आंदोलन या परिवर्तन होता है, तो साहित्य और भाषा इसे अपनी रचनाओं में दर्शाते हैं। स्वतंत्रता संग्राम के दौरान, साहित्य ने समाज को जागरूक करने और एकजुटता बढ़ाने में अहम भूमिका निभाई। इस प्रकार, भाषा और साहित्य समाज की मानसिकता और संस्कृति के प्रतिबिंब होते हैं। वे समाज में बदलाव और जागरूकता फैलाने का महत्वपूर्ण कार्य करते हैं, और हमें समाज के प्रति अपनी जिम्मेदारी को समझने की पेरणा देते हैं।

मिहिका अग्रवाल कक्षा 7

iteratur

Reflection of Life, Culture and Society

Upholds the eternal values of life.

Expression for the overall human emotions.

A tool to know and interprets the society's life.

Expresses ideas, thoughts ranging from poetry to prose, drama to plays

The mirror of life reflecting the real solution of the world around.

sincere ideas.

Anvie Tahkur V E

Quiz Time

Cross-Cultural Perspective in The image that reflects the sincere ideas. Global Poetry and Literature

- 1. What is the primary goal of studying literature from a cross-cultural perspective?
- a) Similarities
- b) Appreciation c) Diversity d) Superiority
- 2. Which of the following is NOT a key element of a cross-cultural approach to literature?
- a) Historical
- b) Biography
- c) Translation d) Cultural
- 3. How can studying world poetry and literature broaden our understanding of the world?
- a) Languages
- b) Assumptions c) Beliefs
- d) All
- 4. What is the significance of cultural context in interpreting a literary work?
- a) Historical
- b) Experiencesc) Nuances
- d) Values
- 5. How can translation impact our understanding of a literary work from another culture?
- a) Meanings
- b) Context
- c) Elimination d) Accuracy
- **Answer Key** : * Diversity * Biography * All * Values * Meanings

Aadhya Gupta VII E

वैशिवक कविता और साहित्य में अंतर-सांस्कृतिक दृष्टिकोण

समुद्र पार चाहे भिन्न धरती है, पर हर भूमि पर एक ही हवा बहती है। पूर्व से उगती सूर्य किरणे नई ऊर्जा भरती हैं, नीले गगन के तले यह लहरें, अपने मन की करती हैं।

भाषाओं में भिन्नता सही , पर हर राब्द से नई सोच की कलियां खिलती हैं जीवन की मधुर लय में ही, विविध संस्कृतिया नृत्य करती हैं।

मन अलग तन अलग , पर सब में एक ही आत्मा बसती है । प्रेम, सच्चाई, सद्भाव व मानवता से ही, धरती और दिलों की दूरी मिटती है ।

हिमालय से लेकर अमेजॉन तक. पृथ्वी जीवन रूपी बीजों का पोषण करती है। रंग रूप ,भेष परिवेश में है अंतर, पर सबको सांसों की डोर कसती है।

संस्कृतियों, समुद्र व भेदभाव के पार, एकता व शांति की डोर से. आत्मा उडान भरती है । जीवन के ताने-बाने में, नई कहानियां बनती है। कई कहानियां बुनती है। पंखुड़ी गुप्ता सातवी- ए

The Importance of Accentuated Expression in Literature

IMPORTANCE OF ACCENTUATED EXPRESSIONS IN LITERATURE

Literature has long been a medium for expressing the human experience, conveying emotions, and evoking



empathy. One of the key elements that enable authors to achieve these goals is the strategic use of accentuated expressions. These expressions, which encompass a range of literary devices, including imagery, metaphor, simile, and personification, play a crucial role in adding depth, complexity, and emotional resonance to literary works. Accentuated expressions have the power to evoke strong emotions in readers, drawing them into the world of the narrative. By carefully selecting words and phrases, authors can create a specific mood or ambiance, drawing the reader into the narrative. It enable authors to convey complex ideas and themes in a way that is both subtle and powerful. By using metaphor, simile, and other literary devices, authors can create rich and layered meanings that reward close reading and interpretation. It contribute to the creation of a sense of authenticity in literary works. By using language that is evocative and true to the experiences of the characters, authors can create a sense of verisimilitude, drawing the reader into the world of the narrative. In conclusion, accentuated expressions are a crucial element of literary language, enabling authors to create rich, complex, and emotionally resonant works that engage and inspire readers.

Ritesh Kr. Dugar - XI-F

THE ROLE OF LANGUAGE IN SHAPING OUR PERCEPECTIVE AND ATTITUDE

One of the most amazing and magical ability we humans have is being able to transmit really complicated and difficult thoughts from one person to another. We human just have to make some sounds with our mouth like tones, hisus, puffs etc which creates vibrations in the air which travels till eardrum and then the brain takes up these signals and transform them into thoughts. by this ability we are able to pass thoughts, ideas and information to vast reaches of space and time. In total we have over +7000 languages all different from one another in sound, vocabulary and structure. It is said that "to have a second language is to have a second soul" even science says people who speak more than 1 language have different personality for each. The words we use displays our understanding and idea of world, this we can see clearly the difference when an educated person talks and when some absurd one talks. Hence, language shapes reality. Language has incredible power to shape our perspective and attitude. It influence how we think, feel and connected other.

Raunak Surana- XI H

IMPROVING PRONUNCIATIONS AND REMOVING ACCENTS

Improving pronunciation and reducing accents require dedication and systematic effort. Start by familiarizing yourself with the unique sounds and phonetic patterns of the target language, especially those that differ from your native tongue. Listening actively to native speakers through movies, audio books, or podcass is essential to observe their pronunciation, intonation, and rhythm. Use the shadowing technique, where you repeat phrases immediately after hearing them, to mirror the natural flow of the language. Focus on problem sounds through exercises like minimal pairs (e.g., "cat" vs. "cut") and tongue twisters to enhance clarity and articulation. Record yourself regularly, compare it with native speakers, and identify areas for improvement. Language apps or speech coaches can provide valuable feedback and structured guidance. Practice speaking with native speakers or in language exchange groups to develop fluency in real-life settings. Understanding stress, rhythm, and connected speech is crucial for a natural accent, especially in stress-timed languages like English. Consistency, patience, and embracing the cultural aspects of the language are key to mastering pronunciation and reducing accents over time. With daily practice and commitment, significant improvement is achievable. Aarna Choudhary - XII

"Creativity takes courage, but the true sign of intelligence is not knowledge but imagination."

Surrealism, Fresco, Elysian, Ecstasy. They sound fancy, don't they? Words like these have a huge impact on artists, writers, people who love to learn new vocabulary and create something unique that teaches as well as creates an image in audience's mind. It is through language that art can be stimulated. Language does more than communicating thoughts, it creates vivid imagery in the reader's mind. Probably, this is the reason why lyrics and poems with great depths are composed to be danced or acted. Language forms ideas and ideas do not have boundaries. The artist strikes its creative nerve that has to be materialized. The interplay between text and image opens up new dimensions of understanding and communication. Art and imagination are closely related as art can help us explore our imaginations and feelings.

Dishita, XI G

Accents: The Melody of Communication in India and Beyond

In a diverse country like India, accents are the vibrant melodies of our many languages and dialects. They reflect the cultural richness of our regions, making communication colorful and unique. From the lilting tones of Kerala to the earthy cadence of Punjab, accents tell stories of heritage and identity.

On a global level, accents transcend borders, showcasing the linguistic diversity of humanity. They are not just a marker of where we come from but a celebration of how language evolves across cultures. Embracing accents in global communication fosters inclusivity, breaks stereotypes, and enriches interactions in today's interconnected world. In schools, fostering respect for accents helps students appreciate India's linguistic beauty while preparing them to connect globally with empathy and understanding. Every voice deserves to be heard!

Vanshika Kapoor -XI J

Game of Language for Successful Literature

Game of Language in Successful Communication

Language plays a vital role in effective communication, serving as the foundation for conveying thoughts, ideas, and intentions. It enables individuals to express themselves clearly and accurately, avoiding misunderstandings and miscommunications.

Effective language facilitates the establishment of relationships, influencing others, and resolving conflicts. It helps to convey emotions, empathy, and understanding, fostering trust, respect, and cooperation. Clear and concise language, tone, and nonverbal cues are essential characteristics of effective language. Barriers such as language differences, cultural differences, emotional barriers, and physical barriers can hinder effective communication. By understanding the importance of language in effective communication, individuals can improve their communication skills, build stronger relationships, and achieve greater success in personal and professional endeavors. Effective language is the key to unlocking successful communication.

Garima XI-A

Communication Skills:

More Important Than Ever in a Global World

In today's interconnected world, communication skills are crucial. Globalization has brought people from different cultures and backgrounds closer, and the ability to connect and communicate effectively has become essential for success. Whether it's building relationships, sharing ideas, or working toward common goals, communication lies at the heart of it all.

Good communication goes beyond just talking. It includes verbal and written expression, nonverbal cues like body language and gestures, and, most importantly, listening. Listening allows us to truly understand others and respond thoughtfully. In the workplace, strong communication helps foster teamwork, present ideas clearly, and resolve conflicts. In personal life, it strengthens relationships and builds trust.

For students, communication skills are equally important. They help in participating in class, working on group projects, and preparing for future careers. Improving these skills takes practice—whether through active listening, joining a public speaking club, or simply reading and learning from others' experiences.

In a globalized world, mastering communication isn't just an advantage; it's a necessity for building connections, solving problems, and shaping a successful future.

Raagen Aggarwal- XI - E

The Power Of Words: How Language Shapes Our Relationships?

How wisely have someone said that "Words hold the mightiest power of the world". It's true indeed. Words carry the power to decorate something heavenly as well as to devastate something tragically. Language is an art to present words in an effective manner in order to make others understand what we mean .If words are a GRAMMER SENTENCE then language is the punctuation which makes the sentence more concise and clear .Language not only builds relationships but also nurture them. The words we use on a daily basis, the way we present them, all make up to built our personality in front of others. Linguistics skills is a basic type of intelligence everyone should withhold the power of. What we say maybe be not as important for us, but it can be for somebody .Effective linguistics are the real achievers of a better social circle as they effectively express their thoughts in front of others. And this is how we say that language and words play a crucial role in the formation as well as the growth of our relationships. Aastha Bhatnagar XI-B

EFFECTS OF SOCIAL MEDIA ON LANGUAGES: PROS & CONS

Social media platforms like Facebook and Twitter enforce language rules while also allowing for non-standard forms and linguistic innovations. Social media introduces new words and phrases through hashtags, memes, trending topics, and shared content. Social media has led to the use of more abbreviations and acronyms, such as "OMG" and "LOL". Social media allows users from different language backgrounds to connect, leading to the emergence of hybrid languages. Social media has a significant impact on language, both in terms of how people learn languages and how the language itself has evolved. Social media can lead to a decline in traditional communication skills like sentence structure and grammar. Conclusion: social media on language and communication is profound and far-reaching . while also posing challenges to traditional communication norms. As we continue to adapt to this digital era, it is crucial to embrace these changes thoughtfully and responsibly. Garv Nasa -XI-C

HOW MOTHER TONGUES SHAPE WHO WE ARE?

Our mother tongue is more than just our first language; it reflects our identity. From the moment we begin to understand words, our mother tongue influences how we think, express ourselves, and connect with the world. It tells the story of our culture, the traditions of our community, and the emotions of our family. For me, speaking my mother tongue feels like coming home. When we speak in our mother tongue, there's a sense of comfort and belonging. It helps us form stronger bonds with those who share the same language, whether it's through shared jokes sayings or cultural expressions it also shapes the way we see the world as every language carries its unique way of interpreting life. Even as we learn new languages and adapt to different cultures our mother tongue remains a part of us. It's a reminder of where we come from and plays a vital role in shaping who we are and we relate to others. It's not just a language but a connection to who we are and where we come from.

Sarah Mehdi, XI-D



Exploring the benefits of Language

"Knowledge of languages is the doorway to wisdom"-RÖGER BACON

It is rightly said that by learning and understanding a language, one can be benefited to comprehend the world around and understand the new culture.

- Learning a language provides an essential key for individual growth and human interaction in diverse life forms. Without language, no one can visualise its life.
- It helps in the transmission of words and social connection, as language serves as the important source through which an individual can build social relationships and also can express his own ideas and feelings by participating in community events.
- By knowing a language, it is within the grasp of an individual to understand various customs and culture. And more over, it also helps in the preservation and development of culture through storytelling and fallacy.
- Learning a language can enhance cognitive skills by memorising new

If any individual is proficient in language, which paved the way to further education in various fields, like study abroad and access to wider academic resources. In career opportunities too, one can connect with clients and colleagues and enhance professional relationships.

- The Longest word without vowels is "Rhythms"
- 2. The word "good bye" is a combination or contraction of "God be with You"
- The Language spoken in 21 countries and also known as the second native language in the world is "Spanish"
- "QUEUE" is the word that is still pronounced in the same way when we remove the last four words from it.
- 5. Every Odd Number in maths has a Vowel "E" in it.
- Bihar was the first state to adopt Hindi as an official language.

Nurture Multilingualism

In today's increasingly globalized world, multilingualism is an invaluable asset. As educators, schools have a unique opportunity to foster language development that goes beyond merely teaching languages; they can nurture an environment where multilingualism is celebrated and supported. By integrating effective strategies and creating a culture of language inclusion, schools can cultivate linguistic diversity that benefits students cognitively, socially, and academically.

We can nurture the students in the following ways:

- Implement a Bilingual or Multilingual Curriculum
- Promote Language Diversity in the Classroom
- Encourage Peer Learning and Language Exchange. Create Support Systems for Multilingual Students.
- Encourage Language Use Outside the Classroom Foster Positive Attitudes Toward Multilingualism.
- Integrate Technology and Digital Resources.
 Support Teachers with Professional Development.
- Incorporate Assessment Models for Multilingualism.
- 10. Involve Families in Language Learning.

Conclusion

Nurturing multilingualism in schools is not just about teaching additional languages; it's about fostering an environment where linguistic diversity is valued, supported, and celebrated. By creating a multilingual curriculum, promoting language-rich classrooms, and offering opportunities for real-world language practice, schools can help students develop linguistic abilities that will benefit them throughout their lives. Ultimately, multilingualism in schools enriches the educational experience, broadens students' cultural horizons, and prepares them for a globalized world.

oster multilingualism

Fostering multilingualism enriches children's cognitive and cultural horizons. Start early, as young brains easily absorb languages. Surround your child with books, songs, and conversations in the target languages, and label household items to reinforce vocabulary.

Adopt consistent strategies like One Person, One Language (OPOL) or Minority Language at Home (MLAH) for steady exposure. Engage with native speakers through playdates, cultural groups, or language classes to enhance fluency.

Incorporate technology with apps, audiobooks, and educational videos, ensuring balance with real-world practice. Celebrate cultural traditions, festivals, and cuisines tied to the languages to deepen understanding.

Patience, consistency, and making language learning fun will empower your child to thrive in a multilingual









A TAPESTRY RICH

Language born, from sounds so fine, gestures merged, to 1. Who wrote the epic poem "Mahabharata"? communicate in time

Evolved with us, connecting hearts, a true gift of life.

Key Aspects of Indian Language and Literature

1. Linguistic Diversity

- Multiple language families: Indo-Aryan, Dravidian, Austroasiatic, and Tibeto-Burman
- Mutual influence: Shared features like retroflex sounds in Sanskrit due to Dravidian influence

2. Classical Literature

- Timeless texts: Mahabharata, Ramayana, and Sangam poetry
- Profound themes: Philosophy, society, emotions, and human experience

3. Modern Indian Literature

- Colonial impact: Exploring identity, nationalism, and cultural heritage
- Diverse voices: Representing regional identities and linguistic traditions

4. Cultural Legacy

- Literary works as cultural carriers: Preserving linguistic diversity and regional identities
- Reflecting cultural knowledge Literary works as windows to India' rich cultural heritage

5. Translation Challenges

- Broader appreciation: Translation enabling global access to India literature
- Nuance and cultural context: Challenges in capturing the essence of original texts in translation Pratibha, 2nd

BRAIN ILLUSTRATION

- - a) Valmiki b) Vyasa
 - c) Kalidasa d) Tulsidas
- 2. Which Indian novel was written by R.K. Narayan?
 - a) "The Guide"
- b) "The White Tiger"
- c) "The God of Small Things"
- d) "The Namesake"
- 3. Who is the author of the Sanskrit play "Abhijnanasakuntalam"?
 - a) Kalidasa
- b) Bhavabhuti
- c) Sudraka
- d) Visakhadatta
- 4. Which Indian language is also an official language of Sri Lanka?
 - a) Tamil
- - - b) Telugu c) Kannada d) Malayalam
- 5. Who is credited with developing the Devanagari script?
 - a) Panini b) Patanjali c) Aryabhata d) Hemchandra
- 6. Which language is spoken by the largest number of people in India?
 - a) Hindi
 - b) Bengali c) Telugu
- d) Marathi
- 7. Which Indian literary award is considered the most prestigious?
 - a) Sahitya Akademi Award
 - b) Jnanpith Award
- c) Padma Bhushan
- d) Bharatiya Jnanpith Award
- 8. Who was the first recipient of the Jnanpith Award?
 - a) G. Sankara Kurup b) K.V. Puttappa
 - b) Tarashankar Bandopadhyaya
 - d) Umashankar Joshi

Naman, 4th

(7) Ananpith Award (8) G. Sankara Kurup

inins9 (3)

LITERARY INTERPRETATION: WILLIAM SHAKESPEARE

Early Life - William Shakespeare was born on April 23, 1564, in Stratford-upon-Avon, Warwickshire, England. He was the third child of John Shakespeare, a glove maker, and Mary Arden Shakespeare.

Education - Shakespeare likely attended the local Stratford Grammar School, where he would have studied Latin, Greek, and classical literature. Career - At 18, Shakespeare married Anne Hathaway, and they had three children. He worked as an actor and playwright in London, eventually becoming a shareholder in the Lord Chamberlain's Men theater company.

Major Works - Some of Shakespeare's most famous plays include:

- 1. Romeo and Juliet. (1595-1596)
- 2. Hamlet (c. 1599-1602)
- 3. Macbeth. (1605-1606)
- 4. Othello (c. 1603-1604)
- 5. King Lear (c. 1605-1606)

Later Life and Death - Shakespeare returned to Stratford-upon-Avon around 1610 and died on April 23, 1616, at the age of 52. He was buried in the Holy Trinity Church, Stratford-upon-Avon. Legacy - Shakespeare's works have had a profound impact on literature, theater, and the English language. He is widely regarded as one of the greatest writers in the English language.

Genres of Non · **Fiction** A story for stage True stories performance of actual events **Fiction** Folk Tale Invented stories by An imaginary anonymous characters timeless story words arranged in rhymed verse Aarav, 3rd

Navpreet, 5th

Message



As we welcome the New Year 2025, I extend my warmest wishes to each one of you for a joyous, successful, and spiritually enriching year ahead.

The dawn of a new year brings with it the promise of fresh beginnings, renewed hopes, and opportunities waiting to be seized. It's a perfect time

Dr. Manoj Kumar to reflect on our values, goals, and aspirations. As you set your New Year's resolutions, remember to include goals that nourish your mind, body, and spirit. Let this year be a journey of self-discovery, spiritual growth, and holistic development.

As the great philosopher, Aristotle, once said,

"We are what we repeatedly do. Excellence, then, is not an act, but a habit."

I encourage you to practice mindfulness, meditation, or yoga to connect with your inner self. These practices will help you develop greater self-awareness, self-discipline, and self-confidence. Regular practice will also improve your concentration, memory, and overall well-being. By cultivating a calm and focused mind, you will be better equipped to handle the challenges of academic and personal life.

As you embark on this new year, I wish for you to become good human beings, with values such as empathy, kindness, and compassion. May you become disciplined students, responsible citizens, and confident individuals who make a positive impact in the world.

Exercise Or Stretching To Boost Focus And Energy.

Mind Mapping: Visualize your notes and concepts as a mind map to better retain information and see connections between ideas.

Teach Someone Else: Teach the material to a friend, family member, or even a stuffed animal to reinforce your own understanding and retention.

Create a Story: Weave key concepts and formulas into a narrative to make them more memorable and engaging. **Use Music to Your Advantage:** Listen to music without lyrics or with a consistent beat to help you stay focused and on track.

Change Your Environment: Switch up your study location or ambiance to stay engaged and avoid burnout.

Use the '5-S' System: Sort, Set in order, Shine, Standardize, and Sustain your study materials and routine to stay organized and focused.

Practice Active Recall: Test yourself regularly on the material by trying to recall key concepts and formulas without looking at your notes or other resources.

These unique strategies can help you stay motivated, focused, and engaged as you prepare for your exams!



PADGASTS AND AUDIA BAAKS AS LEARNING RESAURCES



"In the dynamic realm of education, the integration of podcasts and audiobooks is sparking a paradigm"

The advent of digital technology has revolutionized the way we learn and consume information. Two popular learning resources that have gained significant traction in recent years are podcasts and audio books.

Podcasts stand out as an engaging and versatile resource. With content covering an almost infinite range of topics—from history, science, and technology to self-development -podcasts allow listeners to dive deep into subjects of personal or professional interest. The conversational nature of podcasts makes learning feel informal and accessible, often

nafeaturing interviews with experts, storytelling, or even debates on various issues. Our school also conducts podcasts every month on very informative topics along with different themes. This format can feel like a classroom discussion, making complex topics more approachable and enjoyable. Audio books also provides equally valuable learning experience. They allow listeners to access entire books, including

u hovels, textbooks and self-help guides, without the need for traditional reading. Audio books have the advantage of hoenabling people with visual impairments, dyslexia, or those who simply prefer listening over reading to engage with the a written word. For students and professionals, audio books provide a hands-free way to absorb content while balancing er other responsibilities. For instance, students can listen to textbooks or lecture materials while traveling, thus optimizing time. These resources are often free or available at a small fee. Podcasts and audio books represent the future of learning—one that is adaptable, accessible, and deeply immersive.

Aayush Santra, VIII D

Building Bridges: How language Libraries Transform Learning

Digital Language libraries have revolutionized the way we learn languages, providing unparalleled access to a vast array of linguistic resources. They have emerged as a vital resource for language learners, offering a wealth of materials and tools to support language acquisition. There are several benefits of Digital Libraries in Language Learning:

Diverse Learning **Materials**

Language libraries offer a broad spectrum of learning resources, including e-books, audio books, videos, podcasts, and language learning apps.



Digital libraries provide 24/7 access to language learning materials, allowing learners to study at their own pace, anytime, and anywhere.

REAL TIME FEEDBACK & ASSESSMENT

Language libraries often provide instant feedback and assessment tools, enabling learners to track their progress, identify areas for improvement.

Digital libraries have transformed language learning landscape. As technology continues to evolve, it is essential that digital libraries adapt, innovate, and improve, ensuring that they remain a vital component of language education in the digital age.

Bhumi Jain, VII C

Who is the iconic cat that often chases a ver mouse but never quite catches him?

ylvester

b) Tom

c) Felix

What is usually the main goal of the hero in

assic cartoon?

o make friends o find treasure

b) To defeat the villain



If you can dream it,

"The key is not to prioritize what's on your e

schedule, but to schedule your priorities." Are you ready to tackle your exams with confidence?

With the right strategies and mindset, you can unlock

your full notential and achieve academy are Speal

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matters is i

Dear Students

As you stand at t you to unleash y courage, and tap This is your mon ceiling of sel challenge.Don't l Instead, focus confidence soa destination, bu perseverance, an determination, u passion. Give you yourselves proud destiny.I believe Now, go out there

Best wishes

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